

Usually wear sizes 12-18? Compare your body measurements to both the 00 -18 size range and 12 -30 size range body measurements, then choose the best fit for your figure.

Metric

Sizes 00-18

	00	0	2	4	6	8	10	12	14	16	18
BODY MEASUREMENTS (CENTIMETERS)											
CHEST	81	84	86	89	91	94	98	102	107	112	117
WAIST	61	64	66	69	71	74	77	81	86	91	96.5
HIP	86	89	91	94	97	99	103	107	112	117	122
MAIN FABRIC REQUIRED (METERS)*											
114 CM	5.2	5.2	5.2	5.2	5.2	5.2	5.2	6.3	6.3	6.3	6.3
152 CM	4.2	4.2	4.2	4.2	4.2	4.2	4.2	4.8	4.8	4.8	4.8
38 MM ELASTIC (IN CM)	59.7	62.2	64.8	67.3	69.8	72.4	76.2	80	85.1	90.2	95.3
FINISHED GARMENT (CENTIMETERS)											
SHOULDER**	42.4	43	43.7	44.4	45	45.7	46.6	47.6	48.9	50.2	51.4
CHEST**	104.5	105	109.5	112	114.5	117	121	125	130	135	140
TOP WAIST**	104.5	105	109.5	112	114.5	117	121	125	130	135	140
TOP HIP**	104.5	105	109.5	112	114.5	117	121	125	130	135	140
BICEP**	35.5	36.7	38	39.3	40.5	41.8	43.4	45	46.5	48.1	49.7
TOP CB LENGTH**	63.4	64.2	65	65.7	66.5	67.3	68	68.6	69.2	69.8	70.5
PANTS WAIST**	58.4	61	63.5	66	68.6	71.1	74.9	78.7	83.8	88.9	94
PANTS HIP**	99.6	102.6	105.6	108.7	111.7	114.7	120.4	126.1	133.7	141.3	149
THIGH**	72.8	74.5	76.1	77.8	79.5	81.2	84.2	87.2	91.2	95.2	99.2
TOTAL RISE**	65.5	66.7	67.8	69	70.1	71.3	72.4	73.6	74.7	75.8	77
RISE DEPTH**	22.1	22.8	23.4	24	24.7	25.3	26	26.6	27.2	27.9	28.5
INSEAM	76.2	76.2	76.2	76.2	76.2	76.2	76.2	76.2	76.2	76.2	76.2

* Pattern layouts are nondirectional. Purchase additional yardage if using napped or printed fabrics.

** Shoulder is measured across back from shoulder to shoulder. Chest and bicep are measured 2.5 cm below the armhole. Top waist is measured at the notches. Top hip is measured at the hem. Center back (CB) length is measured from the back of the neckline to the hem. Pants waist is measured at the waistband. Pants hip is measured at the notches. Thigh is measured 2.5 cm below the rise. Total rise is measured along the curve, including the waistband. Rise depth is measured straight up from the crotch point.

Usually wear sizes 12-18? Compare your body measurements to both the 00 -18 size range and 12 -30 size range body measurements, then choose the best fit for your figure.

Metric

Sizes 12-30

	12	14	16	18	20	22	24	26	28	30
BODY MEASUREMENTS (CENTIMETERS)										
CHEST	102	107	112	117	122	127	132	137	144.5	152
WAIST	84	89	94	99	104	109	114	119	126.5	134
HIP	112	117	122	127	132	137	142	147	154.5	162
MAIN FABRIC REQUIRED (METERS)*										
114 CM	6.3	6.3	6.3	6.3	8.3	8.3	8.3	8.3	8.3	8.3
152 CM	4.8	4.8	4.8	4.8	5.9	5.9	5.9	5.9	5.9	5.9
38 MM ELASTIC (IN CM)	82.5	87.6	92.7	97.8	102.9	108	113	118.1	125.7	133.3
FINISHED GARMENT (CENTIMETERS)										
SHOULDER**	47	47.6	48.3	48.9	49.6	50.9	52.1	53.4	53.4	53.4
CHEST**	126	131	136	141	146.	151.5	156.5	161.5	169	177
TOP WAIST**	126	131	136	141	146.	151.5	156.5	161.5	169	177
TOP HIP**	126	131	136	141	146.	151.5	156.5	161.5	169	177
BICEP**	44.3	45.6	46.9	48.1	49.4	51	52.6	54.2	57.4	60.5
TOP CB LENGTH**	65.7	66.5	67.3	68	68.6	69.2	69.8	70.5	71.1	71.8
PANTS WAIST**	81.3	86.4	91.4	96.5	101.6	106.7	111.8	116.8	124.5	132.1
PANTS HIP**	125.8	130.8	135.9	143	150.1	157.3	164.4	171.5	182	192.6
THIGH**	90.2	92.7	95.3	98.8	102.4	106.7	111	115.3	121.5	127.6
TOTAL RISE**	72.6	73.6	74.6	75.7	76.7	78.8	80.8	82.9	85.4	88
RISE DEPTH**	29.2	29.9	30.5	31.1	31.8	32.7	33.7	34.6	35.9	37.2
INSEAM	76	76	76	76	76	76	76.1	76.1	76.2	76.2

* Pattern layouts are nondirectional. Purchase additional yardage if using napped or printed fabrics.

** Shoulder is measured across back from shoulder to shoulder. Chest and bicep are measured 2.5 cm below the armhole. Top waist is measured at the notches. Top hip is measured at the hem. Center back (CB) length is measured from the back of the neckline to the hem. Pants waist is measured at the waistband. Pants hip is measured at the notches. Thigh is measured 2.5 cm below the rise. Total rise is measured along the curve, including the waistband. Rise depth is measured straight up from the crotch point .