Usually wear sizes 12-18? Compare your body measurements to both the 00 -18 size range and 12 -30 size range body measurements, then choose the best fit for your figure.

Metric

Sizes 00-18

	00	0	2	4	6	8	10	12	14	16	18		
BODY MEASUREMENTS (CENTIMETERS)													
BUST	81	84	86	89	91	94	98	102	107	112	117		
WAIST	61	64	66	69	71	74	77	81	86	91	96.5		
MAIN FABRIC REQUIRED (METERS)*													
114 CM	3.4	3.4	3.4	3.4	3.4	3.4	3.4	4.0	4.0	4.0	4.0		
152 CM	2.6	2.6	2.6	2.6	2.6	2.6	2.6	3.0	3.0	3.0	3.0		
10 MM ELASTIC (IN CM)	21.2	21.5	21.9	22.2	22.5	22.9	23.2	23.5	24	24.5	25		
FINISHED GARMENT (CENTIMETERS)													
SHOULDER**	36.8	37.4	38.1	38.8	39.4	40.1	41	42	43.3	44.5	45.8		
BUST**	86.4	88.9	91.4	94	96.5	99	102.9	106.7	111.8	116.9	122		
WAIST**	66	68.6	71.1	73.7	76.2	78.7	82.6	86.5	91.5	96.6	101.7		
BICEP**	40.7	42	43.3	44.5	45.8	47.1	48.6	50.2	51.8	53.4	55		
CB LENGTH**	41.1	41.9	42.7	43.5	44.3	45.1	45.7	46.4	47	47.6	48.3		

10 Seamwork Idra

^{*} Pattern layouts are nondirectional. Purchase additional yardage if using napped or printed fabrics.

^{**} Shoulder is measured across back between armholes. Bust is measured at the notch. Waist is measured at the bottom edge. Bicep is measured at the notch. Center back (CB) length is measured from the back of the neckline to the hem.

Usually wear sizes 12-18? Compare your body measurements to both the 00 -18 size range and 12 -30 size range body measurements, then choose the best fit for your figure.

Metric

Sizes 12-30

	12	14	16	18	20	22	24	26	28	30		
BODY MEASUREMENTS (CENTIMETERS)												
BUST	102	107	112	117	122	127	132	137	144.5	152		
WAIST	84	89	94	99	104	109	114	119	126.5	134		
MAIN FABRIC REQUIRED (METERS)*												
114 CM	4.0	4.0	4.0	4.0	5.4	5.4	5.4	5.4	5.4	5.4		
152 CM	3.0	3.0	3.0	3.0	4.2	4.2	4.2	4.2	4.2	4.2		
10 MM ELASTIC (IN CM)	23.2	23.7	24.1	24.6	25.1	25.6	26.1	26.6	27.2	27.8		
FINISHED GARMENT (CENTIMETERS)												
SHOULDER**	40.1	40.8	41.5	42.1	42.8	44	45.3	46.6	46.6	46.6		
BUST**	106.7	111.8	116.9	122	127.1	132.1	137.2	142.3	149.9	157.5		
WAIST**	88.9	94	99	104.1	109.2	114.2	119.3	124.4	132	139.6		
BICEP**	53.2	54.4	55.7	57	58.2	59.8	61.4	63	66.8	70.6		
CB LENGTH**	43.8	44.4	45.1	45.7	46.4	47	47.6	48.3	48.9	49.5		

11 Seamwork Idra

^{*} Pattern layouts are nondirectional. Purchase additional yardage if using napped or printed fabrics.

^{**} Shoulder is measured across back between armholes. Bust is measured at the notch. Waist is measured at the bottom edge. Bicep is measured at the notch. Center back (CB) length is measured from the back of the neckline to the hem.