

Metric Measurement Chart (00–18)

Usually wear sizes 12–18? Compare your body measurements to both the 00–18 size range and 12–30 size range body measurements, then choose the best fit for your figure.

Sizes 00–18

	00	0	2	4	6	8	10	12	14	16	18
BODY MEASUREMENTS (CENTIMETERS)											
BUST	81	84	86	89	91	94	98	102	107	112	117
WAIST	61	64	66	69	71	74	77	81	86	91	96.5
HIP	86	89	91	94	97	99	103	107	112	117	122
MAIN FABRIC REQUIRED (METERS)*											
114 CM	1.7	1.7	1.7	1.7	1.7	1.7	1.7	2.1	2.1	2.1	2.1
147 CM	1.4	1.4	1.4	1.4	1.4	1.4	1.4	1.4	1.4	1.4	1.4
FINISHED GARMENT (CENTIMETERS)											
SHOULDER**	37	37.6	38.3	39	39.6	40.3	41.3	42.2	43.5	44.8	46
BUST**	95.2	97.7	100.3	102.8	105.4	107.9	111.8	115.6	120.7	125.8	130.9
WAIST**	95.1	97.6	100.2	102.7	105.2	107.8	111.6	115.5	120.6	125.7	130.7
HIGH HIP**	96.4	99	101.5	104.1	106.6	109.1	113	116.9	121.9	127	132.1
BICEP**	32	33.3	34.6	35.9	37.1	38.4	40	41.5	43.1	44.7	46.3
CB LENGTH	50.1	51.1	52.1	53	54	55	55.9	56.8	57.6	58.4	59.2

* Pattern layouts are nondirectional.
Purchase additional yardage if using
napped or printed fabrics.

**Shoulder is measured from shoulder to
shoulder across the back. Bust is measured
at the dart. Waist is measured at the notches.
High hip is measured at the hem. Bicep is
measured 2.5 cm below the armhole.

Metric Measurement Chart (12–30)

Usually wear sizes 12–18? Compare your body measurements to both the 00–18 size range and 12–30 size range body measurements, then choose the best fit for your figure.

Sizes 12–30

	12	14	16	18	20	22	24	26	28	30
BODY MEASUREMENTS (CENTIMETERS)										
BUST	102	107	112	117	122	127	132	137	144.5	152
WAIST	84	89	94	99	104	109	114	119	126.5	134
HIP	112	117	122	127	132	137	142	147	154.5	162
MAIN FABRIC REQUIRED (METERS)*										
114 CM	2.1	2.1	2.1	2.1	2.7	2.7	2.7	2.7	2.7	2.7
147 CM	1.4	1.4	1.4	1.4	2.0	2.0	2.0	2.0	2.0	2.0
FINISHED GARMENT (CENTIMETERS)										
SHOULDER**	38.7	39.4	40	40.7	41.4	42.6	43.9	45.2	45.2	45.2
BUST**	115.5	120.6	125.7	130.8	135.9	140.9	146	151.1	158.7	166.3
WAIST**	117.4	122.4	127.5	132.6	137.7	142.8	147.8	152.9	160.5	168.2
HIGH HIP**	122	127.1	132.1	137.2	142.3	147.4	152.5	157.5	165.2	172.8
BICEP**	43.4	44.7	46	47.2	48.5	50.1	51.7	53.2	57	60.8
CB LENGTH	54.2	55.2	56.2	57.1	58	58.8	59.6	60.4	61.2	62

* Pattern layouts are nondirectional. Purchase additional yardage if using napped or printed fabrics.

**Shoulder is measured from shoulder to shoulder across the back. Bust is measured at the dart. Waist is measured at the notches. High hip is measured at the hem. Bicep is measured 2.5 cm below the armhole.