

# Metric Measurement Chart (00-18)

*Usually wear sizes 12-18?* Compare your body measurements to both the 00-18 size range and 12-30 size range body measurements, then choose the best fit for your figure.

## Sizes 00-18

	00	0	2	4	6	8	10	12	14	16	18
<b>BODY MEASUREMENTS (CENTIMETERS)</b>											
BUST	81	84	86	89	91	94	98	102	107	112	117
WAIST	61	64	66	69	71	74	77	81	86	91	96.5
HIP	86	89	91	94	97	99	103	107	112	117	122
<b>MAIN FABRIC REQUIRED (METERS)*</b>											
114 CM	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
147 CM	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
<b>FINISHED GARMENT (CENTIMETERS)</b>											
SHOULDER WIDTH**	35.1	35.8	36.4	37.1	37.8	38.4	39.4	40.3	41.6	42.9	44.1
BUST**	66	68.6	71.1	73.7	76.2	78.7	82.6	86.5	91.5	96.6	101.7
WAIST**	57.1	59.7	62.2	64.7	67.3	69.8	73.7	77.5	82.6	87.7	92.8
HIGH HIP**	71.2	73.7	76.2	78.8	81.3	83.8	87.7	91.5	96.6	101.7	106.8
BICEP**	20.4	21.7	23	24.3	25.6	26.9	28.5	30.2	31.9	33.6	35.3
CB LENGTH	46.9	47.7	48.5	49.2	50	50.8	51.5	52.1	52.7	53.4	54

\* Pattern layouts are nondirectional.  
Purchase additional yardage if using  
napped or printed fabrics.

\*\*Shoulder is measured across the back from  
seam to seam. Bust and waist are measured  
at the notches. High hip is measured at the  
hem. Bicep is measured 2.5 cm below the  
armhole.

# Metric Measurement Chart (12–30)

*Usually wear sizes 12–18?* Compare your body measurements to both the 00–18 size range and 12–30 size range body measurements, then choose the best fit for your figure.

## Sizes 12–30

	12	14	16	18	20	22	24	26	28	30
<b>BODY MEASUREMENTS (CENTIMETERS)</b>										
BUST	102	107	112	117	122	127	132	137	144.5	152
WAIST	84	89	94	99	104	109	114	119	126.5	134
HIP	112	117	122	127	132	137	142	147	154.5	162
<b>MAIN FABRIC REQUIRED (METERS)*</b>										
114 CM	1.0	1.0	1.0	1.0	1.7	1.7	1.7	1.7	1.7	1.7
147 CM	1.0	1.0	1.0	1.0	1.6	1.6	1.6	1.6	1.6	1.6
<b>FINISHED GARMENT (CENTIMETERS)</b>										
SHOULDER WIDTH**	37.5	38.1	38.8	39.5	40.1	41.4	42.7	43.9	43.9	43.9
BUST**	86.3	91.4	96.5	101.6	106.7	111.8	116.8	121.9	127	132.1
WAIST**	78.8	83.8	88.9	94	99	104.1	109.2	114.2	119.3	124.3
HIGH HIP**	97.7	102.8	107.9	113	118	123.1	128.2	133.3	138.4	143.4
BICEP**	32.9	34.2	35.5	36.8	38.1	39.7	41.3	42.9	46.7	50.5
CB LENGTH	50.8	51.6	52.4	53.2	54	54.8	55.6	56.5	57.3	58.1

\* Pattern layouts are nondirectional. Purchase additional yardage if using napped or printed fabrics.

\*\*Shoulder is measured across the back from seam to seam. Bust and waist are measured at the notches. High hip is measured at the hem. Bicep is measured 2.5 cm below the armhole.